

Parents are to fill out this side of the form as completely as possible. Be sure to enter all information requested on this page. The reverse side of this form is to be completed by your physician.

Teenager's Full Name _____ Birthdate _____ Sex _____

Age _____ Phone Number _____ Business Phone Number _____

Home Address _____ Parent or Guardian's Name _____

City _____ State _____ Zip Code _____

Tour / Program _____

In an emergency, we must be able to reach you or someone who can reach you. Therefore, we must have the names and phone numbers (including area codes) of people who can contact you at all times.

1. Name _____ Phone _____

2. Name _____ Phone _____

HEALTH HISTORY: (check-giving approximate dates)

Ear Infection _____ Hay Fever _____ Chicken Pox _____

Convulsions _____ Insect Stings _____ Diabetes _____

Penicillin _____ Behavior _____ Other Drugs _____

Asthma _____

Operations or Serious Injuries (Dates) _____

Chronic or Recurring Illness _____

Prescription Drugs being brought on tour (list drug and purpose) _____

MEDICAL INSURANCE	
Insurance Carrier	_____
Group or Plan #	_____
Subscriber ID #	_____
Please attach a photocopy of your Medical Insurance Card to this form.	

PARENT'S AUTHORIZATION

This health history is correct so far as I know, and the person herein described has permission to engage in all prescribed activities, except as noted by me and the examining physician. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the trip director to hospitalize, secure proper treatment for, and to order injection, anesthesia or surgery for my child as named above.

My signature below also gives my parental permission for Rein Teen Tours to take my child into Canada, and then back to the United States, as a member of Rein Teen Tours. In the case that my teenager is traveling as part of the Rein Europe tour, I give permission for Rein Teen Tours to take my child into European countries and then back to the United States, as a member of a Rein Teen Tour.

Parent's Signature _____ Date _____

IMMUNIZATION HISTORY

Required immunizations must be determined locally. This is a record of dates of basic immunizations and most recent booster doses.

DTP Series _____ booster _____ Tetanus Booster _____
Polio OPV _____ booster _____ Typhoid _____
Measles Vaccine _____ Tuberculin Test _____
German Measles _____ Mumps Vaccine _____
Chicken Pox _____ Other _____

MEDICAL EXAMINATION — to be filled out by licensed physician

This examination should be performed within twelve months of departure. Examination for some other purpose within this period is acceptable. Examination is for determining fitness to engage in strenuous activities.

Hgt. _____ Wt. _____ B.P. _____ Hgb Test _____ Urinalysis _____
Eyes _____ Extremities _____
Ears _____ Posture (Spine) _____
Nose _____ Skin _____
Throat _____ Allergy: Please specify _____
Teeth _____ _____
Heart _____ _____
Lungs _____ General Appraisal _____
Abdomen _____ _____
Hernia _____ _____

(For Girls)

Has this person menstruated? _____
If so, is her menstrual history normal? _____
If not, has she been told about it? _____

Recommendations and restrictions for this summer.

Special diet _____
Special Medicine (name it) _____
Swimming, diving _____
Strenuous Activity _____
Other _____

I have examined the person herein described and have reviewed his/her health history.
It is my opinion that he/she is physically able to engage in all activities, except as noted above.

Examining Physician _____ Telephone _____

Date _____ Address _____ Zip Code _____